

## THE CALGARY SPRING FOOTBALL ASSOCIATION (CSFA)

### **Rules & Regulations**

Pursuant to Article 7.13 of the *Bylaws* of the Calgary Spring Football Association (hereinafter the "**Association**"), the following rules and regulations have been adopted by the *Executive* to govern conduct of the *Association* and football play of *Players* and *Teams* of the *Association* (all capitalized terms as defined below).

1. These Regulations shall be read subject to the *Bylaws* of the *Association* and shall not, in any way or manner whatsoever, be deemed to limit the effect of the *Bylaws* of the *Association*. In the event a conflict between the *Bylaws* and the *Regulations* arises, the *Bylaws* shall govern. These Regulations shall be interpreted with the understanding that one of the main mission statements of the *Association* is the improve football in the City of Calgary for *Spring Age Group* football players.

### **Definitions and Interpretations**

- 2. In these Regulations, unless the context otherwise specifies or requires:
  - "Association" means the Calgary Spring Football Association, a society incorporated in 2002 in the Province of Alberta pursuant to the *Societies Act (Alberta)*, R.S.A. 2000, c.S-14 and amendment thereto.
  - "*Bylaws*" means the Association's *Bylaws* and all other bylaws of the Association from time to time in force and effect and enacted by the Association.
  - "Calgary Non Designated Player" means a player who lives in the City of Calgary in an area that does not have a Spring Team in the designated Team District for that particular player.
  - "*CBFA*" means the Calgary Bantam Football Association, a society incorporated in the Province of Alberta pursuant to the *Societies Act (Alberta)*, R.S.A. 1980, c.S-18 and amendment thereto.
  - "Commissioner" or "Commissioners" shall be that person or those persons chosen by the Executive.
  - "Executive" means all the directors and officers of the Association, as voted upon and authorized by the Bylaws.
  - "League Jamboree" means the pre-season jamboree organized each year by the Executive and played before the commencement of the league's Spring Season, to be played according to rules and procedures decided by the Executive, in the Executive's sole discretion.
  - "Other Association" means any other sports league or similar type of league, organization, governing body or association as contemplated in paragraph 16 below.
  - "*Player*" means an individual of the *Spring Age Group* who is eligible to play for the Association and includes a *Rural Non Designated Player*.

- "Rule Book" means the Canadian Rule Book for Amateur Football.
- "Rural Non Designated Player" means a player who is eligible to play for the Association and resides in an area outside the City of Calgary and the area the player resides in does not have a *Spring Team* in the designated *Team District* for that particular player.
- "*Rural Team*" means a Spring Team, eligible to participate in the Association but is not a team located within the boundaries of the City of Calgary.
- "Sanction" or "Sanctioned" means any suspension, disqualification, sanction, penalty, prohibition, impediment or similar ruling by any Other Association, as contemplated in paragraph 16 below.
- "Spring Association" means the Calgary Spring Football Association, a society incorporated in 2002 in the Province of Alberta pursuant to the Societies Act (Alberta), R.S.A. 2000, c.S-14 and amendment thereto.
- "*Spring Age Group*" means Individuals enrolled in Grade 9, Grade 10 or Grade 11 and attending a school, charter school, private school or home school recognized by Alberta Education; and whose nineteenth (19<sup>th</sup>) birthday does not fall on or before March 1, in the *Year*.
- "Spring League" means the Calgary Spring Football Association's league that includes the Spring Association and the Teams.
- "Spring Season" means the season as determined and set by the Executive.
- "Spring Team" means a group of individuals of Spring Age Group, including managers and coaches, admitted to the membership in the Society pursuant to Article 3.2 of the Bylaws.
- "Team" means a Spring Team or a group of individuals of Spring Age Group, including managers and coaches, admitted to the membership in the Society pursuant to Article 3.2 of the Bylaws.
- "Team District" means the team areas or districts as determined by the Executive. As guideline, Team Districts are to be as close to possible to the boundaries specified in the CBFA rules. However, the current team boundaries of the Association are different than the team boundaries of the CBFA and the Executive has full power and authority to determine the Team Districts. If the designated area for a team as specified in the CBFA rules is different than the designated area for a team as determined by the Executive, the Team area designated by the Executive prevails and governs over the team area specified by the CBFA.
- "Two Way Players" mean the three (3) permitted Players that can play for both the offense and defense for a team in a particular game. Two Way Players can play any position. Prior to each game, Teams must declare the Team's Two Way Players on their roster to be submitted pursuant to Section 26 hereof. If a Two Way Player is hurt in a game, another Player cannot replace that Two Way Player for that game.
- "Year" means the calendar year containing the current football season.
- 3. The terms contained in these *Regulations* which are defined in the *Bylaws* shall have the meanings given to such terms in the *Bylaws*.
- 4. Word importing the singular number only shall include the plural and vice versa and words importing the masculine gender shall include the feminine or neuter genders.

# **Player Registration and Required Documents**

5. (a) Each *Player* shall submit to his *Team* the following, on or before the *League Jamboree*:

- (i) a duly completed registration form, including, without limitation, proof of such *Player*'s enrolment at a school or home school and grade level and age, with all parts completed to the satisfaction of the *Commissioner*, such form to be in a form and contain such matters which are satisfactory to the *Executive*; and
- (ii) a registration fee in the sum designated by the *Executive*, each *Year*. The amount of the registration fee shall be determined by the *Executive*, at the *Executive*'s sole discretion; and
- (iii) a consent and release form, as prescribed each Year by the Executive; and
- (iv) a proof of such *Player's* residential address, such proof to be as prescribed by the *Executive*, at the Executive's sole discretion, and
- (v) any other documents, consents, waivers, etc. provided by the *Executive*.
- (b) Any *Player* who has failed to provide all documents referred to in Section 5 hereof to his *Team* on or before the League Jamboree shall be ineligible to participate in any activity of the *Association* including, but without limiting the generality of the foregoing, practicing with any *Team* or playing any football games.
- (c) Any *Team* who knowingly allows a *Player* who has failed to provide all documents referred to in Section 5 hereof to the *Team* on or before the *League Jamboree*, to practice or play in any league games shall forfeit any league games in which such *Player* has played and may be liable to suspension or penalty, as determined by the Executive.
- (d) Two weeks following the date of the *League Jamboree*, is the official deadline for player registration. If a *Team* has a player who wants to join the Team after the two week time period indicated above, the *Team* can request the addition of such player to the Board, and the Board will accept or deny such *Player's* registration, depending on the *Player's* circumstances.
- (e) All Teams shall forward a registration list of all *Players*, whether trying out or on the final roster, plus a sum amount required for obtaining insurance with Football Alberta (such amount amended from time to time by Football Alberta). Such registration lists and insurance fees shall be forwarded to such person as designated by the Association.
- (f) All *Teams* shall forward to the *Association* a registration fee in the amount specified each *Year*, by the *Executive*, for each and every player that the *Team* has registered.
- 6. Each *Player* must be of the *Spring Age Group* and must present a birth certificate or similar document to his *Team* as proof that he is of the *Spring Age Group*, along with satisfactory proof of his school enrolment and any other document requested by the Executive.

# **Team Conduct**

7. No *Team* can use the Spring league in any way whatsoever simply as a means or way to benefit a particular high school team. Any Spring League coach recruiting any player to a particular high school team will be suspended or sanctioned. The Spring League view such recruiting as a serious violation of the League Rules and any Sanction should consider that fact.

- 8. All *Teams* shall provide all players with a fair and unbiased opportunity to compete for a position and not exert any inappropriate pressure or exclude or "ostracize" any particular *Player* from participating on a *Team* simple because of that *Player*'s association with another high school program.
- 9. All adults associated with any *Team* in a capacity as coach, manager, trainer, or otherwise shall conduct themselves at all times in a manner consistent with the objectives of the *Association*. If, in the sole opinion of the *Executive*, any such person conducts himself in a manner which may be detrimental to the *Association*, such person shall be liable to suspension or expulsion from the *Association*.
- 10. Each *Team* shall strictly adhere to the schedule which is to be provided to each *Team* prior to the first game of the season subject to variations communicated to any *Team* from the *Executive*.
- 11. No *Team* shall contact any *Team* outside the *Association* with a view to engaging in any scrimmage or exhibition games, or playoff games, unless it has received the prior written permission of the *Executive*.

## **Player Conduct**

- 12. The following *Regulations* govern the conduct of each and every *Player* in the *Association* and any breach of the Regulation shall be dealt with as follows:
  - (a) A *Player* who:
    - (i) destroys or pilfers property belonging to another person; or
    - (ii) utilizes narcotics or abuses other drugs; or
    - (iii) commits any other act which the Executive deems detrimental to the *Association* or its objects,

may be suspended or expelled from the *Association*, with or without warning by the *Commissioner* or *Executive* and the *Team* to which the offending *Player* belongs may forfeit one or more games, in the sole discretion of the *Commissioner* or *Executive*.

(b) Any *Player* found by the officials in a game to be guilty of rough play with intent to injure shall be immediately suspended from all further play in the *Association* pending a hearing in the presence of the *Commissioner or Executive* who shall, in his sole discretion, make a decision as to the further play of that *Player*.

# Coaches

- 13. No *Team* shall have more than fifty percent (50%) of the *Team*'s coaches from one particular High School and a *Team*'s head coach must be approved by the *Executive*.
- 14. All coaches shall have obtained the Safe Contact Course certification.
- 15. All head coaches of every *Team* must be interviewed and approved by the *Executive* before such coach may commence his/her duties as a head coach for any Team.
- 16. If any coach (head coach or otherwise) for any *Team* has been Sanctioned by any Other Association, the Spring Association shall honor or abide by that Sanction, subject to the Executive's discretion to interpret, alter, or modify the Sanction as the Executive in its sole discretion desires, in order for the Executive to adapt

that Sanction to any circumstances, rules, or facts unique or peculiar to the Spring Association. To be clear, if a coach desires to coach on a *Team* in the *Association* and the *Other Association* has sanctioned that coach and the term of the sanction has not expired, the *Association* will equally apply that Sanction for the duration of the term of the sanction. For example, if the *Other Association* suspended such coach for a 2 year period and that 2 year period has expired, the Spring Association would not impose any sanction. If the *Other Association* suspended such coach for a 2 year period, and that 2 year period had 1 year remaining in the term of the sanction, the Spring Association would impose a similar sanction of 1 year, such sanction to be subject to the Executive's interpretation, alteration, or modification, as the Executive, in their sole discretion, decides.

- 17. Any coach (head coach or otherwise) that has coached for a *Team* in a *Team District* in any particular year and continues coaching for the *Team* past March 15 cannot coach for any other *Team* during that League season, unless the Team that the coach is leaving provides written consent to do so. For clarity, if a coach has coached for a *Team* in a Team District, and has moved to another *Team District*, that coach cannot coach for the new *Team District* until the following year.
- 18. In accordance with Clause 3.1 of the Bylaws, all coaches, managers and trainers shall provide information regarding themselves that in the *Executive's* sole discretion may be relevant to membership. Such requirements may include, but are not limited to:
  - (i) a criminal record check;
  - (ii) a history of involvement in sports;
  - (iii) coaching proficiency; and
  - (iv) a history of involvement with youth.

## **Boundaries, Team Districts, Releases**

- 19. (a) A *Player* must play for the *Team* in the *Team District* in which the *Player* lives unless, the *Player*:
  - (i) has been released from the *Team* in the *Team District* in which he lives and waived by that *Team* (a signed release in a form accepted by the Executive must be attached to registration form). *Players* released at the CBFA level or by a CBFA team are not eligible to stay with the organization for which they played their CBFA bantam football; or
  - (ii) has received a signed release in a form acceptable by the Executive from the *Team* in the *Team District* in which he lives; or
  - (iii) has played for a *Team* in a *Team District* other than the one in which he lives during the previous *Spring Season* and has moved to another *Team District*. For clarity if a player has played for a certain *Team* for a year (Team A) and moves out of *Team A's* district to a new *Team District*, the player can choose to remain with Team A or continue to play for Team A, despite not living in Team A's District.
  - (b) Any *Team* which knowingly breaches the provisions of paragraph 19 hereof and allows a *Player* who does not live in its district to play for it shall forfeit all games in which that *Player* has played and in addition, all coaches and managers who had participated or acquiesced in such breach may be suspended or expelled from the *Association*.
  - (c) *Team Districts* are as determined by the *Executive* at the *Executive*'s sole discretion. The *Executive* has full power and authority to determine the *Team Districts* and if the designated area for a team as

- specified in the CBFA rules is different than the designated area for a team as determined by the *Executive*, the *Team* Districts will be as designated by the *Executive* and the *Executive* decision prevails and governs over the team area specified by the CBFA.
- (d) A Calgary Non Designated Player can play for whichever Spring Team they choose. If a Calgary Non Designated Player plays for a Spring Team in any Year, that Calgary Non Designated Player becomes the property of the Spring Team the player played for in that Year and cannot play for any other Team unless that player obtains a release from that team.
- (e) A Rural Non Designated Player must play for a Rural Team, unless decided otherwise by the Executive.
- (f) Except as stated herein in paragraph 19, no *Team* may register a player from outside their *Team District* without that player having been waived by the *Team* in whose *Team District* the player resides. *Players* who reside outside a *Team District* and play for a *Team* without a waiver from the *Team* in whose *Team District* the player resides shall be deemed to be ineligible. An exception shall be *Players* who change residence within the football season. Those players shall be deemed to be resident in the *Team District* which was their residence on February 1, in the *Year*.
- Any Player who plays two (2) consecutive years for the same CBFA team and resides in a Spring League area that is not the same as the CBFA area, that Player can choose to play for the same Spring Team as his/her CBFA team or for the Spring Team in which that Player currently resides within the Spring League's boundaries. Whichever Spring Team such Player chooses to play his/her first Spring Season, if such player is in his/her grade 9 or grade 10 year, that Spring Team becomes such Player's team for the duration of such Player's Spring League eligibility and the Player cannot decide in a future Spring Season to change his/her mind and play for the previous CBFA team or the Spring League team that Player decided not to play for. If a grade 9 Player chooses to not play in the Spring League as a grade 9 and grade 10 player, but chooses to play his/her first Spring Season as a grade 11 player, that Player must play for the Spring Team such player currently resides in the Spring League's boundaries.
- 20. Any *Player* who is waived by a *Team* shall be waived by that *Team* for the entire duration of that *Player*'s eligibility for *Spring* Football. If the *Player* then plays for another *Team*, the *Player* becomes property of that *Team* and cannot play for any other *Team* unless the player obtains a release from that *Team*.

# Rosters

- 21. Prior to the commencement of each game, other than exhibition games, each *Team* involved in the game shall provide two (2) copies of the game roster, one copy to the opposition head coach and the other copy to the *Executive* representative at the game. The roster shall include all player in numerical order, in accordance with their respective sweater numbers on a computer generated, typewritten or handwritten roster form. All rosters must declare the *Team's Two Way Player* for that game. Failure to include a player or players on such roster shall result in the immediate disqualification of such player or players from the remainder of that game. Only players who are dressed for that game shall be included on the game roster. Any deletions from the regular roster of the *Team* shall be noted on the game roster with a reason for that player's exclusion from the game roster.
- 22. Prior to the commencement of the season, each *Team* shall provide to the *Executive* a complete *Team* roster in a form acceptable to the *Executive*, in the Executive's sole discretion.

# **Uniforms**

- 23. *Teams* participating in league play must have clean uniforms. It is the responsibility of the coaches and managers to see that their *Players* comply with this *Regulation*.
- 23. Each *Team* shall only use helmets which are in good condition and which are periodically certified, (as determined by the *Executive*) by qualified firms or individuals, for use by *Players* in the *Association*. The *Executive* has the discretion to exam all helmets used by any *Team* and declare, in its sole discretion, acting reasonably, that any helmet is not fit for *League* use.

### **Team Composition**

- 24. Only sixty percent (60%) of a *Team's* players can be enrolled in one particular High School team. For clarity, the sixty percent (60%) quota applies to Grade 10 and 11 players from any particular High School team.
- 25. Each *Team* shall have a minimum of 25 eligible *Players* in full football equipment for each regular season and playoff game.
- 26. Teams are permitted three *Two Way Players*. If a Team uses more than three *Two Way Players*, the Team must be in a kicking formation or in a special team situation and not in an offensive or defensive situation.

#### Off Season

- 27. During the months of December and January, *Teams* can schedule non-mandatory workout sessions for players. During such non-mandatory workout sessions, no team schemes or plays can be incorporated into such sessions and only conditioning drills can be conducted during such sessions. Such workout sessions are limited to two (2) per week.
- 28. After January 15<sup>th</sup> of each calendar year and before the start of the Spring Season, *Teams* can schedule two tryouts/evaluation sessions. During such tryouts/evaluation, no equipment can be worn and no contact is permitted.

# **Pre-Season**

- 29. No *Team* shall operate or sponsor a contact spring camp prior to March 15<sup>th</sup> in any *Year*. After March 15<sup>th</sup> in any *Year*, when a *Team* does operate or sponsor a contact spring camp, that *Team* shall obtain liability insurance for all staff and *Players* prior to commencement of the contact spring camp.
- 30. Prior to the first full contact practice, each *Team* shall have liability insurance in place covering each player, coach, manager and trainer.
- 31. Full contact practices shall not be allowed until the *Team* and the *Team's* coaches shall have completed the "Safe Contact Certification" and the Football Alberta Membership application form and/or league registration form which is provided by the *Commissioner*, or his designate, to each of the *Teams*. *Team* members shall be responsible for maintaining a membership application on file for each and every *Player* on that *Team*.

- 32. After the first day of the *Spring Season* until March 15<sup>th</sup> *Teams* can schedule up to two (2) non-contact practices per week.
- 33. After March 15<sup>th</sup> of each calendar year, *Teams* can schedule up to three (3) contact practices. *Teams* are not permitted to commence full contact practices prior to March 15<sup>th</sup> of each year.
- 34. Teams are only permitted to participate in any pre-season games or jamborees that are approved by the Executive. Teams that are unable to participate in the League Jamboree must indicate so in writing to the Executive a minimum of one (1) week prior to date set for the League Jamboree. If a team does not provide notice to the Executive in time, indicating the Team is not participating in the League Jamboree, than the non-participating Team will be responsible for paying the fees set by the Executive for participating in the League Jamboree regardless of that team's participation or not in the League Jamboree. Any team not participating in the League Jamboree is not permitted to scout in any way any Team participating in the League Jamboree.

### Season Weekly Schedule

35. Teams are only permitted to meet with players a maximum of four (4) times per week, with one of those days being a game day. Teams are permitted to practice up to 3 times a week. Teams can only practice with full equipment for two (2) of the three (3) practice days during the week. If a team practices three (3) times during the week, one (1) practice must be with helmets only. Teams can only meet for up to 2.5 hours for any particular practice time, to complete all matters, including but not limited to, team or position meetings, practice time, conditioning, film sessions. Teams can organize up to three (3) Team functions during the Spring Season such as BBQ's, off field parties, get together, etc. During such Team functions, Teams cannot incorporate any practice plans, strategy or other football related matters into such Team functions.

## **Game Day**

- 36. Subject to the *Regulations*, the Rule Book shall apply to all games played in the *Association*.
- 37. Timing of league and exhibition games shall be as follows:
  - (a) All quarters shall be 12 minutes in duration and during the last three minutes of the second and fourth quarter, timing shall be in accordance with the Rule Book (stop time);
  - (b) The clock shall also stop on all changes of possession (after kickoff, punts, field goal attempts, interceptions, fumbles recovered by an opponent, etc.), time outs, injuries, long incomplete passes, scores and the ensuing convert and penalties and their applications during the first and third quarters and during the first 9 minutes of the second and fourth quarters.
  - (c) Half time shall be of 10 minutes duration; and
  - (d) All games, other than playoff games, which are tied at the end of regulation time, shall be registered as a tie game.
  - (e) The *Executive*, in its sole discretion, has the authority and right to change the timing of any *Association* game contrary to this paragraph 37, and the times and periods outlined in this paragraph, such changed timing for the game and during any games shall be binding on the *Teams* participating in the altered game.

- 38. Timing of Playoff games shall be the same as specified in paragraph 37, except that overtime in accordance with the Rule Book shall apply to playoff games only.
- 39. Each *Team* will be permitted to have up to three (3) people in the press box and no more. If a *Team* violates this paragraph 39, the violating *Team* will be required to operate the remainder of the season with only one (1) person in the press box.
- 40. Blocking below the waist shall be a 10 yard penalty except where it occurs in the close line play area where it shall not be penalized.
- 41. *Players* shall wear mouth guards at all times during practice and during all games.
- 42. Each *Team* shall be entitled to 2 time outs per half.
- 43. Scoring shall be in accordance with the Rule Book.
- 44. Each *Team* designated as the "*Home Team*" participating in a league game shall provide at least four (4) people for the entire game for the purpose of assisting the Executive and the officials with game responsibilities including, working the yardsticks, spotting, and assisting at the time keeper's bench, or any other game day task assigned by the Executive. The Home Team shall use the bench designated by *Executive*.
- 45. *Teams* must be prepared to play their respective games at the time scheduled for such game. *Teams* arriving late will be penalized in accordance with Rule Book or otherwise, as the *Commissioner* and/or the *Executive* deems fit. Games delayed by up to 45 minutes from the scheduled start time shall be rescheduled, if practical, by the *Executive* or cancelled, if rescheduling is not practical, at the sole discretion of the *Executive*.

### **Plavoffs**

- 46. A *Player* shall not be eligible to participate in any playoff games unless he has participated in one or more league games. If a *Player* has not participated in one or more league games due to an injury suffered while playing football with his *Team* he shall be eligible to participate in the playoff games of that *Team*.
- 47. The *Executive* has complete and full discretion to determine the Playoff format. The *Executive* shall determine the Playoff format each year and disclose to the League and Teams the Playoff format before the first League game of the year.
- 48. In the event of a tie in the standings at the end of the regular season based on points (2 points for a win/1 point for a tie) the following tie-breaking formula shall be used to determine rankings:
  - (i) Total number of wins.
  - (ii) Games won or lost between the tied teams.
  - (iii) Points for-and-against in games between the tied teams (in case of a three-way tie).
  - (iv) Points for-and-against in games against common opponents of the tied teams.
  - (v) Coin toss with Team with the name closest to the beginning of the alphabet calling the toss.

For tie-breaker purposes, a maximum score differential of 21 shall be used in calculating points for-and-against.

### **Breach of Rules**

- 49. Without restricting the generality of any of the Regulations any *Team* using ineligible *Players* shall forfeit each game in which such ineligible *Player* has played and the coach or coaches may be liable to suspension following an investigation by the *Commissioner*.
- 50. (a) Any complaints or concerns from a member regarding a breach of the Rules, Regulations or *Bylaws* by a player member shall be directed to the *Commissioner* and the *Executive*. The *Commissioner* and the *Executive*, in their complete discretion, shall deal with the complaint and come to a decision on any action to be taken. Such complaints may be either verbal or written.
  - (b) If the *Commissioner* and the *Executive*, in their sole discretion, deems there are no reasonable grounds for the complaint he may dismiss the complaint and shall so advise the complainant.
  - (c) If the *Commissioner* and the *Executive* deems there is reasonable grounds for a complaint against a player member he shall advise the player member of the complaint and shall hear submissions from the subject player member and his parents only. At the initial hearing the *Commissioner* and the *Executive* shall not hear from any witnesses aside from the subject of the complaint and his parents. After the initial hearing the *Commissioner* and the *Executive*, in their sole discretion, may render a decision to either dismiss the complaint or to take disciplinary action against the subject of the complaint.
  - (d) After the initial hearing if the *Commissioner* and the *Executive*, in their sole discretion, cannot make a determination on whether to dismiss the complaint or to take disciplinary action against the subject, they may convene further hearings to hear from witnesses.
  - (e) The rules of evidence do not apply in any hearing convened by the *Commissioner* and the *Executive*. No party shall be entitled to representation at any hearing. The decision of the *Commissioner* and the *Executive* is final subject to appeals as stated in the *Bylaws*.
- Any complaints or concerns from a member regarding a breach of the Rules, Regulations or *Bylaws* by a *Team*, coach or manager, or disputes between teams or coaches or managers, shall be directed in writing to the *Commissioner* who shall then either hear and determine the dispute or bring the complaint forward to the *Executive*.
  - (b) The *Commissioner* and the *Executive* shall have complete and unfettered discretion in determining whether the matter should be determined by them. In the event the matter is forwarded to the *Board* they, in their complete discretion, shall deal with the complaint and come to a decision on any action to be taken. No action shall be taken by the *Executive* or the *Commissioner* on verbal complaints or concerns about *Team Members*, coaches or managers.
  - (c) If the *Executive*, in its sole discretion, deems there are no reasonable grounds for the complaint they may dismiss the complaint and shall so advise the complainant.
  - (d) If the *Executive* deems there is reasonable grounds for a complaint against a coach, Team or manager the *Executive* shall provide a copy of the written complaint to the subject of the complaint and shall schedule a hearing (the "initial hearing") within one(1) month of the provision of the written complaint to the subject. At the initial hearing the *Executive* shall hear submissions from the subject only. At the initial hearing the *Executive* shall not hear from any witnesses aside from the subject of the complaint. After the initial hearing the Executive, in its sole discretion, may render a decision to either dismiss the complaint or to take disciplinary action against the subject of the complaint.

- (e) After the initial hearing if the *Executive*, in its sole discretion, cannot make a determination on whether to dismiss the complaint or to take disciplinary action against the subject, the *Executive* may convene further hearings to hear from witnesses.
- (f) The rules of evidence do not apply in any hearing convened by the *Executive*. No party shall be entitled to representation at any hearing. The decision of the *Executive* is final subject to appeal as stated in the *Bylaws*.
- 52. The penalty for the breach of any rule or regulation shall be determined by the *Executive* of the Calgary Spring Football Association, in their sole discretion, after due investigation in accordance with these regulations.

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